FEEL BETTER/DOCTOR STORYTIME

Fingerplays used today

I've got a cold (look miserable and point to self)  
My nose can't smell (point to nose) 
My eyes are red (point to eyes)  
I don't feel well (hands on forehead like a headache) 
So I'll drink my juice (pretend to drink juice)  
And go to bed... (pretend to sleep) 
My nose feels better (point to nose and smile)  
And so does my head! (point to head and be happy)

(to the tune of "I'm a little teapot") 
I'm a helpful doctor, dressed in white. I help people feel better, day and night. 
When you get hurt or sick, Come see me. I'll get you all fixed up, Just as quick as can be.

Five little monkeys jumping on the bed. One fell off and bumped his head. Mommy called the doctor and the doctor said, "No more monkeys jumping on the bed.”
Repeat, 4, 3, 2 monkeys... One little monkey jumping on the bed. He fell off and bumped his head. Mommy called the doctor and the doctor said, "No more monkeys jumping on the bed.”

Let the children “doctor” to stuffed animals. Provide cotton balls, bandaids, bandages and a pretend stethoscope if possible.

Books!
Bear Feeks Sick by Karma Wilson
How Do Dinosaurs Get Well Soon? by Jane Yolen and Mark Teague
Chicken Soup With Rice by Maurice Sendak
The Sick-in Bed Birthday by Linda Wagner Tyler
Five Little Monkeys Jumping on the Bed by Eileen Christelow